



### Recommendations

- Use on healthy hands that are clean and visibly dry
- No jewellery, keep nails short, no nail varnish or false nails
- Short sleeves
- Wearing gloves does not exclude hand washing and hand sanitising

### When to use Hand Sanitiser

- Before touching a patient
- Before aseptic procedure
- After a risk of exposure to a biological fluid
- After touching a patient
- After touching a patient's environment

### PURELL VF+ Hygienic Hand Rub

- Complies with EN 12791 2x45 seconds with extended 3 hour effect
- Bactericidal, Mycobactericidal, Fungicidal, Virucidal
- Hypoallergenic
- Enriched with vitamin E and moisturising glycerin

# SURGICAL HAND DISINFECTION PROTOCOL WITH PURELL® VF+ Hygienic Hand Rub

## Phase 1: Wash

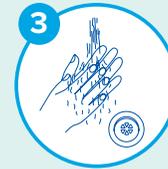
Phase one is used for first wash of the day or when hands are visibly soiled.



1 Wet hands and forearms, apply sufficient soap to create a lather



2 Wash hands and forearms thoroughly for 20 seconds minimum



3 Rinse under running water



4 Dry hands thoroughly with soft, sterile paper towels

### HANDS MUST BE COMPLETELY DRY FOLLOWING PHASE ONE

PURELL VF+ Hygienic Hand Rub should be used following the initial phase one wash of the day, between surgical cases, providing the hands are not visibly soiled, or if a glove puncture or tear has occurred during a procedure.

If hands are visibly soiled after a surgical procedure phase one and phase two should be followed.

## Phase 2: Surgical hand preparation using PURELL VF+ Hygienic Hand Rub



1 Apply as much product as necessary in the palm of your left hand



2 Dip the fingertips of your right hand in the hand rub to decontaminate under the nails



3 Spread the hand rub onto all surfaces of the right forearm up to the elbow



5 Ensure the whole skin area is covered by using circular movements around the forearm until the hand rub has fully evaporated. Repeat steps 1 – 7 with opposite hand nails and forearm



8 Apply as much product as necessary in the palm of your hand, cover the whole surface of the hands up to the wrists



9 Rub palm against palm in a rotating movement



10 Rub right palm over back of left hand, including the wrist and vice versa



11 Rub the back of the fingers, interlaced, to opposite palm and vice versa



12 Rub the back of the fingers interlocked, to opposite palm and vice versa



13 Use the left hand to clasp the right thumb and rub them together and vice versa

Apply as much product as necessary so that the hands and forearms are covered with the hand rub. Hands and forearms must stay wet with PURELL VF+ Hygienic Hand Rub throughout the application in total. Reapply product if necessary during the process.